

Figures shared by W & Q	Waltz rise & fall	Quickstep rise & fall	Foot- work
Natural spin turn meas. 1	1 2 3	1 2 3	
Natural spin turn second half	4 5 6	4 5 6	
W hesitation change Q natural turn Measure one	1 2 3	1 2 3	
Second half	4 5 6	4 5 6	
Progressive chasse to R	1 2 3 4 5	1 2 3 4 5	
Double reverse spin	1 2 3	1 2 3	
Reverse pivot	1	1	
Backward lock	1 2 3 4 5	1 2 3 4 5	